

Bee Friendly Monmouthshire

Eisteddfod Flower Bed Plant List (in alphabetical order).

Latin name	English name	Description	Height & Spread	Planting position	Flowering season	Pollinator notes
Achillea "Teracotta"	Yarrow	Tall yellow umbellifer. Feathery leaves	H: 60-90 cms S: 30-45 cms	Full sun Partial shade	June - Sep	Solitary bees, hoverflies, butterflies
Coreopsis grandiflora "Early Sunrise"	Tickseed	Golden-yellow daisy-like flowers	H: 60 cms S: 45 cms	Full sun	Early – late summer	Bees, in particular long-tongued bumblebees
Dianthus "Lavender with eye"	Carnation	Pale pink flowers with dark red centre	H: 40 cms	Full sun	Summer	Butterflies
Foeniculum vulgare purpureum	Bronze fennel	Tall umbellifer, bronze tinged feathery leaves, yellow flowers	H: up to 2 m S: 80 cms	Sun	Late summer	Solitary bees, hoverflies, wasps, small flies and beetles
Gaillardia "Sunset Flash"	Blanket flower	Large orange daisy-like flowers	H: 25-40 cms	Sun	June, July, August	Bees, hoverflies
Hedera helix	Ivy	Evergreen climber with small green flowers. An important late source of nectar.	H: indefinite S: indefinite	Sun/partial shade	Late summer/ Autumn	Bees, esp. solitary bees, flies
Hyssopus officinalis	Hyssop	Dark blue flower spikes.	H: 60 cms S: 75 cms	Sun	Summer	Bees
Kniphofia "Flamenco"	Red hot poker	Tall spikes of yellow/orange tubular flowers	H: 80 cms S: 60 cms	Full sun	From late Sumer	Bumblebees (via small holes in base of flower)

Lavandula augustifolia "Hidcote"	Lavender	Violet flower spikes. Aromatic leaves	H: 40-50 cms S: 40-50 cms	Full sun	July-August	Bees + butterflies
Leucanthemum x superbum "Snow lady"	Ox-eye daisy/ Shasta daisy	Large white daisies with yellow centres	H: 35 cms S: 35 cms	Sun/partial shade	Summer-Autumn	Bees, butterflies
Liatris spicata Alba and Purpurea	Button Snakewort	White or purple-pink flower spikes – flowers open from top down	H: 70 cms S: 30 cms	Sun	Late Summer – early Autumn	Bees
Lythrum salicaria	Purple Loosestrife	Deep pink flower spires – long flowering	H: 80 cms S: 45 cms	Sun	Early-late Summer	Bees esp. honeybees & long-tongued bumblebees
Mentha x spicata	Spearmint	Lilac flower spikes Aromatic herb	H: 60cms	Sun/partial shade	Late summer	Bees
Nepeta rasemosa "Dawn to Dusk"	Catmint	Pink flower spikes Aromatic leaves	H: 60 cms	Full sun	Early-late summer	Bees esp. long-tongued bumblebees
Nepeta racemosa "Walker's Low"	Catmint	Lilac blue flowers. Aromatic leaves	H: 45 cms S: 60 cms	Sun/partial shade	Late spring – late summer	Bees esp. long-tongued bumblebees
Nepeta grandiflora "Summer Magic"	Catmint	As above. A more compact plant	H: 40 cms S: 40 cms	Sun/partial shade	Late spring – late summer	As above
Origanum vulgare compactum	Marjoram or Oregano	Small pink flowers Aromatic herb	H: 15 cms	Sun/ partial shade	Summer	Bees esp. long-tongued bumblebees

Penstemon "Phoenix Pink"	Penstemon	Soft pink tubular flowers	H: 50 cms S: 50 cms	Sun	July-October	Bees esp. long-tongued bumblebees
Perovskia	Russian sage	Tall blue flower spikes	H: 1m S:	Sun	July-August	Bees
Perovskia Lacey Blue	Russian sage Compact	Medium height blue flower spikes	H:50 cms S:	Sun	July-August	Bees
Rudbeckia "Goldsturm"	Coneflower	Large yellow daisies with black centres	H: 75cms S: 45 cms	Open sunny site	Mid – late summer	Bees
Salvia microphylla "Hot Lips"	Sage	Small red and white flowers. Aromatic leaves	H: 60 cms S: 60 cms	Full sun	July-Sep	Bees
Salvia x superba	Sage	Small violet blue flowers. Aromatic leaves	H: 90 cms S: 45 -60 cms	Full sun	June - August	Bees
Salvia "Mystic Spires Blue"	Sage	Rich blue flower spikes	H: 60 cms S: 60 cms	Full sun	Summer - Autumn	Bees/ butterflies
Sedum "Xenox yellow"	Stonecrop	Purple stalks and leaves; pink buds open to reveal yellow centres	H: 30 – 40 cms S: 30 - 40 cms	Full sun	August-September	Bees/ butterflies
Thymus citriodorus	Lemon thyme	Small pink flowers. Aromatic herb.	H: 15 cms S: 30 cms	Full sun	May- August	Bees
Verbena bonariensis	Argentinian Vervain	Tall thin stems; small pink flowers	H: 1.5 m S: 50 cms	Sun	Summer – early Autumn	Bees/ butterflies
Veronica spicata "Atomic Pink Ray"	Speedwell	Spikes of pink flowers	H: 50 cms S: 35-45 cms	Full sun/partial shade	Mid summer	Bees/ butterflies